



Fridley Women of Today

June 2014 Newsletter

A community organization dedicated to service, growth and friendship

Message From the Past President - Gidget

The past two years as President have been great! I remember when I started, I was really nervous but with the great mentoring and training I received from Joanne and help from the Board members over the past two years, the nervousness went away and it just became a lot of fun. We have accomplished a lot during this time.....Adopt A Highway, Tour De Cure, White Pines, 363 Sandwich, 49er Days, Relay for Life, Corcoran Days, Breaking Free, Art Fair at Banfill, SACA Food Drive, Great Neighbors Duck Race, Peyton Blanket, Vet's Lunch, Santa's Workshop, Cupcakes for Key Club, TSE Fashion Show....to name a few in addition to the board meetings, general meetings, district meetings and conventions. I am so proud of what we have done! At the year-end celebration, Tammi provided me with some checks showing exactly

what our accomplishments were for last year. For those of you who were not there, I would like to share these with you....

Kody's Closet - \$697
Women's Wellness - \$140
Isaacs Journey - \$45
Youth of Today - \$573
Community Connections - \$15,810
Service Hours - \$24,752
FWT Donations - \$41,276

WOW! That is awesome!

I would like to thank everyone for a great two years! I would also like to thank everyone for my scrapbook and gift card! I will treasure the scrap book and the gift card will be put to good use! That was very nice of all of you and I truly appreciate it!

Gidget

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Playing BINGO for Color Week - Dolores

Bingo was played at Roseville Bingo Hall. Julie, Dianna, Joanne and Dolores were in attendance. Joanne was our only winner that night. It was a fun night.

Here's a picture for you to enjoy

BINGO



*You have a masterpiece inside
you, you know.*

*One unlike any that has ever
been created, or ever will be.*

*Make each day
your own Masterpiece*



Fridley Women of Today Calendar

June	
5	Board Meeting 6:30pm at Dunn Bros
12	FWT General Meeting 6:30 at Fridley Community Center
12-14	National Convention Shawano WI
25	Newsletter Articles due for July
27-29	Fridley 49er Days
30	City of Fridley Proclamation
July	
1	Founder's Day
3	Board Meeting 6:30pm at Dunn Bros
10	FWT General Meeting 6:30 at Fridley Community Center
25	Newsletter Articles due for August

June 2014	SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5 X	6	7
	8	9	10	11	12 X	13 X	14 X
	15	16	17	18	19	20	21
	22 X	23	24	25 X	26	27 X	28 X
	29 X	30 X					

July 2014	SUN	MON	TUE	WED	THU	FRI	SAT
			1 X	2	3 X	4	5
	6	7	8	9	10 X	11	12
	13	14	15	16	17	18	19
	20	21	22	23	24	25 X	26
	27	28	29	30	31		

May Birthday Social – by Gidget

The May Birthday Social was held at Champps on Silver Lake Road. Five members attended and we had lots of fun! The June Birthday Social will be held at Ole Piper Inn on 93rd and Central in Blaine on Tuesday, June 17, at 6:00 p.m. We'll plan to sit outside if it is not raining. I hope to see you there!



Gidget, Tammi, Brenda, Dolores, Cheryl

Happy Anniversary Congrats to:

Emily Markuson May 10, 2012
Heidi Benson May 24, 2013



Thanks Gidget
for taking the time to
meet with me to go
over a few things for
membership.
You'll do great.
~Dolores

Jill-Great job on your
first meeting! You
are going to be a
great president!
-Gidget

Tracy – Thanks for riding
home with me from
convention! It made the
trip go much faster!
~Gidget

Thank You to Kathy and
Dolores for helping with
the silent auction setup for
the TSE annual style show.
Shirley

Kathy – The
quilt you made
for Vicki's staff
to give to her at
convention was
absolutely
beautiful!
~Gidget

Emily – Great job
on the meeting
minutes!
~Gidget

Fellow FWT Members - Thank you
very much for all of the support and
encouragement you gave me
during my year as State President.
It meant a lot to me! And thank
you for the beautiful scrapbooks.
I love them!
Vicki

Kris/Sarah/Joanne – it was fun
working with you guys on Vicki's
scrapbooks! Thanks for being
such a great host Kris!
~Gidget

Looking forward to working
Tour de Cure May 31st.
Pray for sun shine.
~Dolores

Gidget, Kris (and Darryl),
Joanne, Lindsey, and Tracy -
Thank you for organizing
and hosting the great open
house at Annual
Convention. Everything
was wonderful!
Vicki

Anne – Thanks
so much for
making up the
Fridley Chapter
scrapbook page!
It was awesome!
~Gidget

Thanks Kathy for setting up
the flower fundraiser for the
Fridley group.
~Dolores

Dolores – Thank you for the
training you provided me! I know
how busy you are so I truly
appreciate your time!
~Gidget

Thanks to all who attended
the B-day social at Champ's.
I had a great time.
~Dolores

Kathy-Thanks for
dropping off the gift
cards to my house
and for setting up
the garden
shopping dates-
Tammi

Brenda/Tammi –
Thanks for
planning the May
Birthday Social! It
was lots of fun!
~Gidget

Hope everyone
who attended
State convention
had a great time.
~Dolores

Kathy - Thank you for putting
together the beautiful
wall hanging (aka quilt).
I love it!
Vicki

Thanks to all who sold or bought Green Valley
plant cards and to those who shopped at Cub
Stores during our weekend fundraiser.
~Kathy

Adopt A Highway - Gidget

Just wanted to let everyone know that instead of
starting Adopt A Highway at 9:00 a.m. on
Saturday, June 7, we are going to start at 8:00. If
you are available, just let me know.....unless you
already have let me know. Thanks!

Gidget

Tip for volunteers

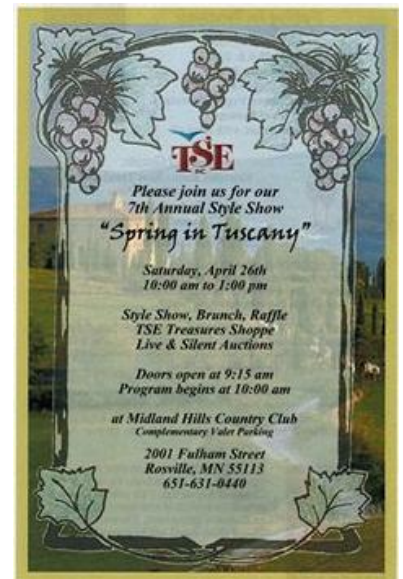
Make a bag holder

A simple way to hold your bag open while you work.

- Find a stick that's 1 foot long and 1 inch in diameter
- Place the stick on the outside of your bag a few inches from the top
- Fold the bag over the stick a couple of times
- You can now hold the bag by the stick.

TSE Fundraiser Update - Shirley

On April 26th, approximately 240 guests gathered at Midland Hills Country Club in Roseville to attend the 7th Annual Style Show for TSE. The theme this year was *Spring in Tuscany* and featured of course the style show, a Mediterranean brunch, raffle, TSE Treasure Shoppe and live and silent auctions. The event was very successful raising \$17,844.00. Thank you to Kathy and Dolores for all their help.



Tour de Cure 2014

Whether in person or telepathically, be sure to cheer on Jill as she bikes her way through the Tour de Cure on Saturday May 31st. The Tour de Cure begins at Minnehaha Falls Park in Minneapolis and has 6 unique routes winding through Minneapolis and St Paul neighborhoods. The website says that "it's more than just a cycling event. It's a life-changing event. A day full of fun and excitement where riders of all levels join forces in the fight to Stop Diabetes and raise critical funds for diabetes research, education and advocacy in support of the American Diabetes Association."

Good luck to Jill and to the other bikers too. Also we send our thanks to the many volunteers who help with this event, especially the FWT volunteers who signed up again this year. And as Dolores said, "Pray for sunshine!"



Who Said That?

Each month a question is sent out to the chapter asking them to send their answer back to me.

Then at our general meeting we will try to guess which member gave which answer.

Here are the responses received for June's question – all jumbled up of course.

Can you match the person with their answer?

A little reward could be waiting for all who play along and send in their answer


What is your favorite smell of spring?

Vicki	The fresh air after it rains
Julie	lilacs
Tracy	Fresh cut grass..it makes me sneeze but I love the smell
Kathy	Fresh cut grass
Gidget	Fresh cut grass
Emily	Scent of just cut grass

Kindness Calendar for June

JUNE 2014

Theme: Helpfulness

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Take a long walk with a friend.	2 Be a fundraiser.	3 Return a shopping cart.	4 Give someone the gift of rest and relaxation.	5 Do a household chore for someone.	6 Ask if you can help.	7 National Trails Day Help restore a hiking trail.
8 Great Outdoors Week Create a scavenger hunt for things in nature.	9 Sing campfire songs around the dinner table.	10 Share your coupons.	11 Make sure to take a water bowl when walking with your pet.	12 Pick up trash others have left behind when hiking. Carry out.	13 Make a collage of outdoors images with your child.	14 Flag Day Make a family flag.
15 Father's Day Ask Dad what he'd most like to do today. Then do it!	16 Offer to work late.	17 Wash someone's windows.	18 Help other shoppers.	19 Butterfly Day Plant a Butterfly Garden with flowers suited for your area.	20 Let someone go ahead of you in line.	21 Become an organ donor.
22 Have a lemonade stand and donate the proceeds to charity.	23 Sew for free.	24 Hold the door open for someone.	25 Help someone complete a project.	26 Lend a pencil to someone.	27 Help change a tire.	28 Make a meal to share.
29 Help someone with his job search.	30 Let another car merge into traffic.					

What Cookin' in Fridley

One Minute Peanut Butter Cake



1 egg, beaten
 1 tablespoon brown sugar
 1/2 teaspoon baking powder
 1 heaping tablespoon flour
 2 tablespoons peanut butter
 1 teaspoon milk
 1 tablespoon powdered sugar (give or take)

Instructions

1. In a small bowl, whisk together egg, brown sugar, baking powder, peanut butter and flour. (could toss in some chocolate chips too)
2. Pour batter into a greased ramekin. Microwave for 30 seconds.
3. While the cake is microwaving, stir together milk and powdered sugar, adding more powdered sugar if necessary to thicken frosting.
4. Remove cake from ramekin (or don't), pour frosting over top.
5. Enjoy

Fridley Women of Today

PO Box 32547
Fridley MN 55432

The Fridley Women of Today chapter
meets at 6:30pm on the
2nd Thursday of each month at:

The Fridley Community Center
6085 7th Street NE
Fridley MN

For more information please
visit our website at
www.fridleywt.org

or you can e-mail us at
moreinfo@fridleywt.org



Check us out on Facebook too!

Fridley Women of Today believes very strongly in service to others. We contribute to our communities through fundraising for worthy causes and by providing services and education to community and chapter members. We are a nonprofit, volunteer organization that has many interesting programs and projects for everyone.

Service

Developing self-confidence and learning how to work more effectively with others is a priority in the Fridley Women of Today organization. We offer programs designed to help "build a better you" through training and personal enrichment courses and projects.

Growth

Membership in the Fridley Women of Today offers the opportunity to develop close friendships with others who share similar interests. Socials and other fun-filled events

Friendship

Membership in the Fridley Women of Today offers the opportunity to develop close friendships with others who share similar interests. Socials and other fun-filled events are held to encourage members and their families to get to know each other better. The friendships among our members and their families help strengthen our community.

Minnesota Women of Today Creed

We, the Women of Today are service, growth and fellowship.
We believe that through us great lessons can be learned,
worthy deeds performed, and a hand of fellowship
extended to millions of women everywhere.
May we leave the world a better place
because we lived and served within it.

